



# ACTIVITY MEMORY

ASSOCIATION ADINTRE  
2024





# WHAT IS ADINTRE ASSOCIATION?

Non-profit organization created in 2012 and registered in the Registry of Associations of Andalusia with registration number 10181 Section 1.

Our objective is to cover, first, the basic need for food, and then work with people from a social and inclusive perspective.

This work began in 2001, when President Joyce Gyimah began to altruistically offer food and social support to people who were on the streets.

# YOU CAN FIND US AT...



Fuengirola, tourist municipality on the Western Costa del Sol, located 33 km southwest of the city of Malaga. To the north it borders with Mijas town, to the west with Málaga, Torremolinos and Benalmádena and to the east with Marbella.

Our headquarters are located at Calle Feria de Jerez, s/n (29640) Fuengirola, next to the Juanito Sports Pavilion and Fuengirola TV.

Adintre Association is an entity intended for all people who need help, therefore, although our headquarters is located in Fuengirola, we serve people from Málaga, Torremolinos, Benalmádena, Mijas, Calahonda, Marbella, among others. Just as we move to towns with a smaller housing area where we develop social action and participation projects.



# ASOCIACIÓN ADINTRE



## VALUES

### MISSION

Assist people, especially those who are in situations of social, economic, educational or cultural vulnerability, to achieve full inclusion and achieve a more just, supportive and environmentally friendly society.

### VISION

To be an entity centered on the person, where this is the main axis to improve their situation, attending in the first instance to the basic need for food, to later work with them from a social intervention, seeking their social and labor insertion.

**Responsibility:** Involvement with the entity, social and environmental environment, always betting on the person.

**Solidarity:** Effort to improve the living conditions of the most disadvantaged, through the collaboration of all people.

**Tolerance:** Acceptance and respect for differences, seeing the person and not their religion, origin or sexuality.

**Social commitment:** work oriented towards people in the area of basic needs, carrying out a series of activities aimed at improving their quality of life, physical and mental well-being.

**Interculturality:** Coexistence, exchange and learning between different ethnic cultures, without any type of discrimination.

**Sustainability:** Search for environmental, social and economic balance.

# KNOW OUR FACILITIES



1

CENTRAL LOCATION

2

STORE

3

CHARITY SHOP

# CENTRAL LOCATION

In this location we find the Soup Kitchen Service, kitchen, bathrooms and showers for users, relaxation area with computers, and the offices where the technical staff is located.





# STORE

This is where we store all the food we obtain, whether through the Food Bank Program, Mercadona, donations or those purchased by ADINTRE.

In the warehouse we also find the cold rooms where we store all the food that requires a normal temperature, whether frozen or cold.

# CHARITY SHOP

It is a space where there are a multitude of objects that are for sale to any public. The materials/objects are donations from altruistic people. Likewise, the clothing that we offer in the Clothing Service comes from this location.

On Saturdays we find a stall with these objects at the market.





# BOARD OF DIRECTORS

Every entity needs an effective and efficient Board of Directors that makes decisions by and for the workers and beneficiaries, which is why at Adintre we have this qualified team in charge.



*Mª Luisa  
Amoah Gyimah*

**Vice President  
/ Treasurer**



*Joyce Gyimah  
Amponsah*

**President**



*Howard  
Thomas Hugh  
Scott*

**Secretary**

# TECHNICAL TEAM

Asociación Adintre has the best professional team to meet the company's objectives.



**Joyce Gyimah Amponsah**  
*Chef*



**Alejandro Rosell Sánchez**  
*Carrier*



**Abdelhadi Fikri**  
*Cleaner*



**Marta Mérida**  
*Administrative Staff*



**Laura Moya Fernández**  
*Social Worker*



**Alicia Campos**  
*Social Integrator*



**Helena Rando García**  
*Social Worker*



CENTRO  
DE INTEGRACIÓN  
SOCIAL  
COMEDOR SOCIAL



Asociación  
ADINTRE

*Asistencia a personas*

www.asociacionadintre.es  
info@adintrefoundation.com

Asociación ADINTRE

Asociación ADINTRE

Asociación ADINTRE

Asociación ADINTRE

## OUR SERVICES

Telf: 951 35 68 92

Móvil: 632 82 47 82

### SOUP KITCHEN SERVICE

At ADINTRE we offer an average of 120 - 150 meals daily. We cover Breakfast, Lunch and Dinner service. The profile of these people is varied, but the vast majority of them are people who are socially excluded and a large part of them are homeless.

### FOOD BANK SERVICE

Every week we serve about 40 - 50 families with great social vulnerability, giving them batches of perishable and non-perishable food so that they can consume it at home. These lots vary depending on the food collected at Bancosol, Mercadona, private donations and purchases made by the association.

### SERVICIO DE INSERCIÓN SOCIO LABORAL

Ofrecer un servicio de información y orientación laboral es fundamental. Llevamos a cabo Cursos formativos y prácticas en empresas, Itinerarios Personalizados para la Inserción Laboral Creación de Curriculum y enseñanza con las herramientas de búsqueda de empleo

CENTRO  
DE INTEGRACIÓN  
SOCIAL  
COMEDOR SOCIAL



Asociación  
ADINTRE

*Atendamos a quienes*

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## OUR SERVICES

### ACCOMPANY2 PROGRAM

Project dedicated to accompanying older people who find themselves in a situation of unwanted loneliness.

We provide in-person and telephone support, as well as workshops that work on social skills.

### SANITARY HYGIENIC MATERIAL SERVICE

As a result of the pandemic, ADINTRE has been responsible for distributing different types of hygienic material (masks, hydroalcoholic gel, antigen tests) to the entity's beneficiaries.

### SERVICIO DE DUCHAS Y ROPERÍA

Cubrimos la necesidad de higiene personal mediante nuestro servicio de duchas, dos días a la semana, y en su primera visita les ofrecemos un kit de higiene íntima para cubrir los días que no disponemos de duchas.

De igual forma, las personas que así lo demanden se les hace entrega de ropa, etc.

# OUR SERVICES

## MEDICATION SERVICE

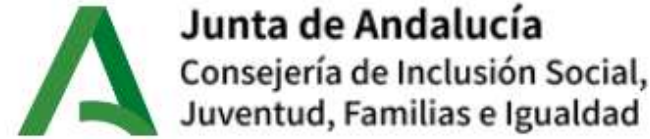
Every ADINTRE beneficiary can bring their medical prescription requesting the purchase of the medications they need. The prescription must always be delivered, properly completed and signed by a medical professional.

## SPANISH CLASSES

The language barrier is not a problem for those people who come to the Adintre Association, since we have Spanish Classes for all levels and all ages.

## SCHOOL AWARENESS

Raising awareness among the younger population is a fundamental objective of Asociación Adintre. Once a quarter we visit schools in the region to publicize the reality of homeless people and the services of our entity.



## JUNTA OF ANDALUCIA

Junta de Andalucía is a fundamental pillar in the daily activity of the Adintre Association, thanks to its programs we manage to maintain the operation of the entity for several months.



## PROVINCIAL COUNCIL OF MALAGA

Coordination with the Malaga Provincial Council is very active. On several occasions we have carried out projects where we shared the same objective: Helping the most disadvantaged people in society.



## CLUB LIONS FUENGIROLA

Lions Club has a great collaboration with Asociación Adintre, we have received many donations from them and they follow the activity of the Association in an updated manner



# WE WORK IN NETWORK



## BRITISH CONSULATE IN MALAGA

We have a large number of beneficiaries of British origin, so coordination with the Consul is essential to serve these people.



## FUEGIROLA TOWN HALL

Coordination with the Fuengirola City Council is essential to advance and improve the service offered by ADINTRE. Therefore, communication and participation between both entities is active.



## EL PIMPI FOUNDATION

Adintre, in this year 2024, has been selected as a candidate to be a beneficiary of the Soles de Málaga Project. A solidarity project carried out by the El Pimpi Foundation to help those associations that work to alleviate poverty



## ANDALUSIAN NETWORK OF SOUP KITCHENS

ADINTRE is part of RACS, being one of the founding associations of the network. The goal is to be able to serve the most disadvantaged people in Andalusia in a more optimal way.



## GROUP OF SOUP KITCHENS OF MALAGA

All the Soup Kitchens in Malaga province have created a group, where we try to analyze the problems and find solutions to the situation that is happening to us.



Fundación "la Caixa"

## LA CAIXA FOUNDATION

Great participation with Fundación La Caixa, which has allowed us to develop specific projects in caring for people.

# WE TELL YOU ABOUT OUR YEAR 2024

Below, we show you a brief summary  
of the best moments of this year

iii THANK YOU!!





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## EUROPEAN PROJECT PRESENTATION

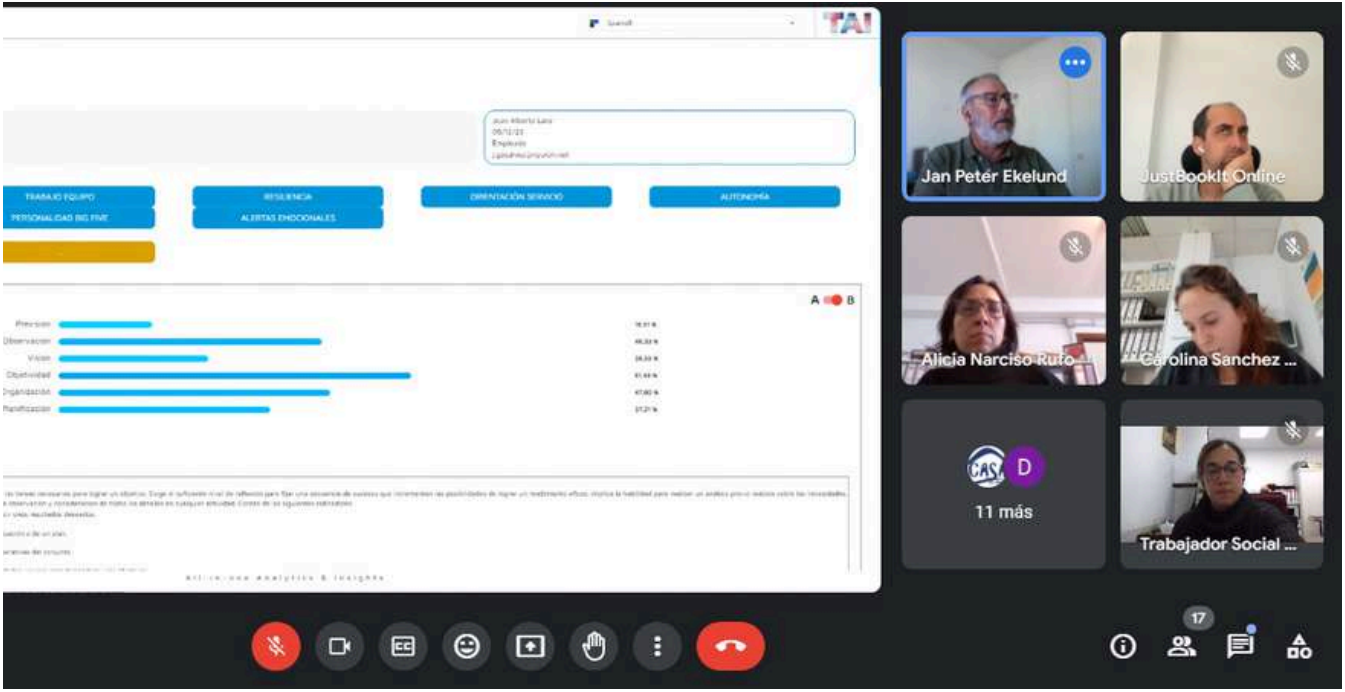
Adintre Association was invited to the presentation by Social Services and the Fuengirola City Council to learn about a project proposal called "A way of making Europe"



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## RACS PROJECT COORDINATION MEETING

Andalusian Network of Soup Kitchens is a group of Entities of which Adintre is a part. We attended the first coordination meeting of the current year, in order to create strategies and action plans



January

24

### BETANIA HOME INFORMATION SESSION

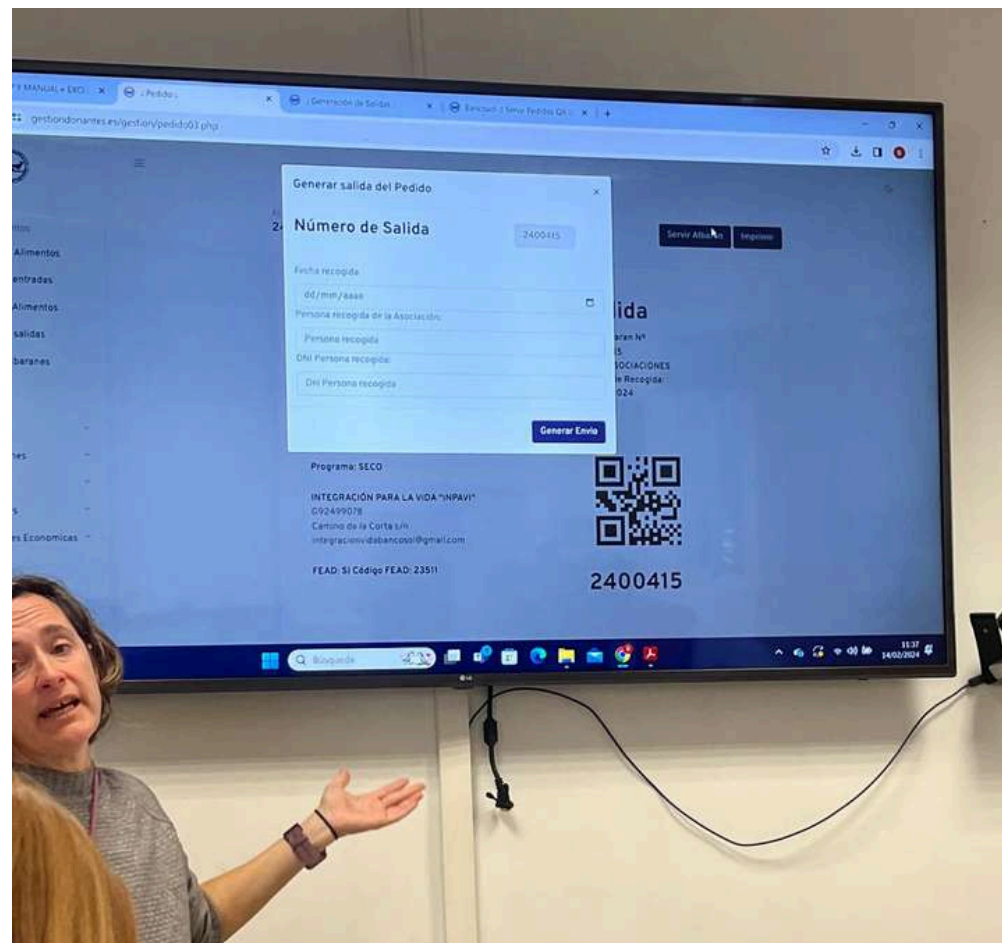
Information session about types of residence and work due to exceptional circumstances in immigrants carried out by Hogar Betania, a collaborating entity with the Adintre Association.



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## DONATION PRODUCTS

The Hindu Community of Fuengirola has donated milk so that we can distribute it to Homeless People and Families at Risk of Social Exclusion



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## BANCOSOL MEETING

Adintre Association attends a coordination meeting with Bancosol, in order to learn about the new food registration program

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## DONATION 'REAL CALAHONDA' WALKING FOOTBALL

The "Real Calahonda" Walking Football Soccer Club has visited the entities of the Adintre Association, to learn about our services, as well as they wanted to contribute with a financial donation

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## VISIT TORREQUEBRADA SCHOOL

Several classes from the Torrequebrada School, in Benalmádena, have visited the facilities of the Adintre Association, as part of their volunteer program and have carried out several awareness-raising activities.

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## PRESENTATION PLAN AGAINST HUMAN TRAFFICKING

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Adintre Association was invited to the presentation by Social Services and the Fuengirola City Council to present a new action plan worked together with the Adoratrices Association, in order to eradicate human trafficking and prostitution



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## INTERNATIONAL WOMEN'S DAY

On the occasion of International Women's Day, Adintre Association attends the commemorative and protest event for Women's Day held at the Fuengirola City Hall

## MALAGA DELEGATION COORDINATING MEETING

4

Adintre Association, together with the rest of the entities that are part of the Andalusian Raiga Network, visited the Equality delegate of Malaga, in order to present our soup kitchen, social inclusion and job placement projects.



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## HOMELESS COMMISSION

Periodically, the entities that work with Homeless People in the town of Fuengirola meet in order to work in coordination with individual and group cases.

April

9

## DONATION OF SWEATSHIRTS AND BACKPACKS

A Malaga company makes a large donation of sweatshirts and merchandising backpacks, which according to what they told us, they were not going to use, which is why they decided to allocate them to homeless people and families at risk of social exclusion



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## RED CROSS EMPLOYMENT PLAN PRESENTATION

Red Cross presents an employment program aimed at women at risk of social exclusion, they announced the entire procedure as well as its benefits for the recipients

April

19

## MALAGA TERRITORIAL DELEGATE MEETING

The beneficiary entities of the provincial Food Guarantee lines met with the Territorial Delegate of Equality and Families to communicate our concern with the development of projects and their continuity



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## VISIT COLLABORATING ENTITY BANCOSOL

Bancosol, the entity to which Asociación Adintre is attached, visits its offices to supervise that the activity is being carried out correctly by incorporating the new registration procedure.



April

24

## JONGLEREN SCHOOL TEACHING STAFF VISIT

The teachers of the Jongleren Institute visit the Adintre Association in order to learn about our services and become interested in volunteering in our entity.



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## INTERN STUDENT VISIT

The internship students that Asociación Adintre has hosted in 2024, have made a volunteer visit on their part once their internship period has ended.

May

## SELF-ESTEEM WORKSHOP

Working by and for people is the main objective of Asociación Adintre, therefore, self-esteem and self-knowledge workshops are periodically carried out with the beneficiaries of the entity in small groups.

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## ORANGE BLOSSOM SCHOOL AWARENESS

Awareness talks held at the Azahar School, in the town of Fuengirola. We made known the services of the Adintre Association, as well as the reality of homeless people.

May

## ROCÍO ALFARO VOLUNTEER GALA

The Fuengirola City Council recognizes the work of the population's volunteers by rewarding those who give themselves altruistically. In this case, we have received the award for the great work of our colleague Abdul

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## NEW TECHNOLOGIES WORKSHOP

The creation of a Curriculum is very important when working towards work integration, therefore, at the entity we carry out individualized workshops where we provide tools to carry out said work.

May

## EUROPEAN DIVERSITY ACT

Adintre Association attends the European Diversity Act, where they worked and raised awareness about the importance of diversity in order to achieve a more fair and equal society

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24-25

## GREAT BANSOL COLLECTION

Adintre Association, working jointly with Bancosol, carries out a large collection of funds in local supermarkets. Users and volunteers get involved with the cause

May

## WORKSHOP ON GENDER VIOLENCE

The Fuengirola City Council holds a talk - workshop on gender violence, as well as providing tools to professionals to know how to confront it with the beneficiaries

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## MENTAL SUFFERING AND APPROACH DAYS

Awareness days about mental suffering and its approach. Carried out by the Social Services of Fuengirola and with the participation of several expert entities in the field.



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### TALENT DAY ILUNION

The Ilunion company holds open days so that beneficiaries of social entities can make their situation known and submit their resumes



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### STUDENT VISIT FROM THE TORRQUEBRADA SCHOOL

The students of the Torrequebrada School make a visit to see the facilities of the entity, as well as to learn about volunteering.



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## VISIT REAL CALAHONDA WALKING FOOTBALL

The great group "Real Calahonda Walking Football", who met us recently, wanted to help the most needy people on the Costa del Sol, giving us a fantastic gift to the Adintre Association: A new Industrial kitchen



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## BRITISH EMBASSY CELEBRATION EVENT

The president of the Adintre Association, Joyce Gyimah, had the pleasure of attending an event of celebration and gratitude by the British Embassy, aimed at those people and organizations of the British community for the collaboration and support provided in the last five years, Adintre being benefited.



## OIL AND COFFEE DONATION

The Association of Children's Oncology Volunteers has made a donation of Coffee and Oil for the beneficiaries of the Adintre Association

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## STRESS RELATED SPEECH TECHNIQUE

Technical staff, presidency and volunteers have carried out a speech technique workshop related to stress and it has been a very interesting and unforgettable experience that has made us enjoy and understand as much as possible.



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## PREPARED FOOD DONATION

The IKIGAI Asian Flavors restaurant has made a donation of food prepared in its business so that the homeless people who benefit from the soup kitchen can taste its fantastic food



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## VOLUNTEERING R.C.C.G. GLORYLAND PARISH MALAGA

Minor participants of the R.C.C.G. church. Gloryland Parish Malaga have volunteered at Asociación Adintre in an altruistic way. They have known its dependencies and have been involved with the people and the work we carry out.

## RECOGNITION JOYCE HONORARY MEDAL OF THE BRITISH EMPIRE

The British Embassy recognizes our president Joyce Gyimah for the work she has been doing on the Costa del Sol with an Honorary Medal of the British Empire (BEM) for her services to charity

### Joyce Gyimah recibe el premio BEM por sus servicios a organizaciones benéficas

Por Adam Woodward · Publicado: 31 de agosto de 2024 · 19:43 · 1 minuto de lectura



Joyce Gyimah Amponsah. Crédito: Embajada Británica, España, Facebook

## Costa del Sol charity worker Joyce Gyimah awarded Honorary British Empire Medal

The founder of the Fuengirola-based Adintre foundation that helps the homeless and vulnerable has been recognised in the King's honorary awards list for foreign nationals



Joyce Gyimah Amponsah. SUR

## COLLECTION OF FUNDS REAL CALAHONDA WALKING FOOTBALL

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The Real Calahonda Walking Football Club is holding a charity tournament to raise funds for Asociación Adintre and two other entities in the area, along with a party at the Millenium pub.

**MILLENIUM**  
Cocktail bar

**HELP ADINTRE**

Fabulous raffle prizes and auction event. All proceeds will go towards The Adintre Association, charity partner of Real Calahonda for 2024. The Adintre Association (www.asociacionadintre.es) are a charity working out of Fuengirola since 2012, they look after the needs of the homeless, the disadvantaged, the vulnerable and families and children in need in the areas of Mijas and Fuengirola. Adintre operate a daily food kitchen and provide a food bank facility for those in need.

**SATURDAY SEP 14TH @6PM** 10€ TICKETS

REAL CALAHONDA WALKING F.C. CPM CREATIVE PRINTING MARBELLA

Pop into Millenium or call Bruce +44 7580 576502 for more info

## ANDALUCIA WALKING FOOTBALL LEAGUE Real Calahonda begin their campaign in fine style!

A.W.F.L. Over 60s

Real Calahonda 3 v 0 Malaga WFC

Real dominated much of the game and, although they failed to take several chances, went ahead in the first half through a goal by Dave Cass Williams, scored as a result of a free kick on the edge of the Malaga area. The visitors' poor man marking and ill discipline prevented them from finding a foothold in the game, despite efforts to make headway on the break. They were undone again in the second half by a well-taken shot by Malcolm Hopwood into the bottom corner. The game was finally put to bed when both teams were awarded a penalty for the same running offences incident. Quite simply, Tony Gill, the Real keeper, saved the Malaga effort and Scott Cousins stroked home the match winner for the hosts, giving them all three points.

A.W.F.L. Caring for the



### Community

Real Calahonda are sponsored by the Millenium Cocktail Bar, at which many of their fundraising events take place and these have directly benefited their chosen local charity, Asociacion Adintre in Fuengirola, to the tune of thousands of euros! This charity provides a food bank and soup kitchen for the local community, offering support and help to vulnerable children, vulnerable elderly, the homeless, abused women and refugees.

Another A.W.F.L. club, Benahavis, last season supported Darkness Into

Light, an international charity organisation, helping people with mental health issues. In July, Steve Duffel, who underwent a sponsored six month diet, and Benahavis club secretary, Rob Humphries, visited AFESOL, Darkness Into Light's charity partner on the Costa del Sol, and presented a cheque for over €1,500 to the charity's president. This has already benefited their new day care centre in Estepona, helping those with mental health issues. Look out for future events organised by your local club... it's more than just a game of walking football!

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## OFFICIAL VISIT OF THE BRITISH CONSULATE

Part of the British Consulate has visited Fuengirola to learn about Asociación Adintre, as well as its way of working after receiving the honorable award



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## INTERVIEW ON THE MIJAS COMUNICACION TELEVISION CHANNEL

The president of the Adintre Association, Joyce Gyimah, was invited to the “Mijas Comunicación” Television set as a reason for the grand prize awarded by the British Embassy



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## PRESENTATION SOLES OF MALAGA

Adintre Association presents its candidacy to the El Pimpi Foundation to be a beneficiary of its Soles de Málaga Project, in the Social Causes category



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## AWARDING OF THE NOBLE PEACE PRIZE

Presentation of the Noble Peace Prize in its VI edition. Adintre Association has been awarded by the Together for Peace Association of Benalmádena

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## CENA BENÉFICA A FAVOR DE ADINTRE

Una organización de Fuengirola realiza una cena benéfica a favor de Asociación Adintre a fin de recaudar fondos para apoyar al desarrollo de nuestra actividad



*Calahonda Lodge No 53*  
*Gentlemen's Evening*  
*Saturday 12th October 2024*  
*7.30pm for 8pm prompt*  
at  
  
*Reception :- Cava and Canapes*  
*3 Course Dinner including :-*  
*Beer, Wine, Red, White, Rose,*  
*Water & Soft drinks.*  
*during dinner service*  
*Black Tie event*  
*€ 55*  
*Reservations Please call*  
**(34)641093596**  
*Email: Calahondalodge53@gmail.com*  
  
*Mama Cash & the Soul Sisters*  
*Music & Dancing till Midnight*  
*For the continuation of Fraternal Charities*

**Aid for Women and Children offering a safe place and help where necessary**  
This foundation provides a secure place where families can gain assistance with the bureaucratic processes, to assist them in finding a new home of their own, and to make a fresh start without being separated from their children.

**HADAS CARADAS (Food Fairies) Supports Families in need Throughout the Local Community during times of economic crisis**

**ADINTRE Foundation**  
*The Food Fairies HADAS CARADAS*

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## GALA BENÉFICA DE ARTES MARCIALES A FAVOR DE ADINTRE

El Club de Artes Marciales de Fuengirola realiza una gala benéfica para recoger fondos económicos y apoyar a Asociación Adintre

## INTERVIEW MALAGA TODAY

Enriching interview from the Málaga newspaper today with the president of our Association. We learned about their origins and their history, the reason why they decided to come to Fuengirola and the driving force of change to build this new family: ADINTRE



### MÁLAGA

ACCIÓN SOCIAL | EL TRABAJO DE LA ASOCIACIÓN ADINTRE

#### Mar Bassa

Año 1960. Nace Joyce Gyimah en un pequeño pueblo de Ghana. Con cinco años, tenía que levantarse a las cinco de la mañana para ir a una zona donde llegaban camiones con comida: "Lo que quedaba en el suelo, lo cogía para venderlo y llevar dinero a casa". Con una familia desestructurada y una situación económica complicada, Gyimah recuerda que sentía que era "adoptada" por el rechazo de su madre hacia ella y su preferencia hacia su hermano. Su padre, en realidad, padrastro, tampoco sentía empatía ni mucho amor hacia la pequeña. Siguió así hasta los siete años. "Cuando no había esos alimentos para recoger, comprábamos cubitos de hielo para hacer agua porque en África hace mucho calor, y luego la vendíamos", comenta en una entrevista con este periódico.

Sus padres, originarios de Nigeria, regresaron a su país natal. La dejaron, a los 12 años, con la hermana mayor de su madre. "La vida era muy complicada, fui violada por uno que supuestamente era parte de la familia y yo, con tanto miedo, no podía contárselo a nadie", comenta entrelazando los dedos. Al final, se lo confesó a una de sus primas. Gyimah sangraba "por todos los sitios" y la única solución que le dio fue "echarse agua caliente". "Esa persona me mandó a comprar comida y, cuando se la llevó a su habitación, me encerró con él y me violó", añade.

Mientras su madre estaba en Nigeria para encargarse de la abuela, ella convivía con un tío suyo que, en sus propias palabras, no sabe si tenía algún tipo de problema: "Recuerdo que una vez me pegó tanto que tuve que irme de casa desnuda corriendo hacia el colegio para que no siguiera". Después de ese episodio, se fue a vivir a un restaurante. Le tuvo que implorar a la dueña del local el poder quedarse allí, porque, dice, de lo contrario, la mataban. "Le comenté mi situación y al final aceptó, pero me puso de condición que ayudase en el negocio, estuve de acuerdo", recuerda. Tenía que levantarse a las cuatro de la mañana, andar tres kilómetros para ir a recoger agua de un grifo y lle-



Joyce Gyimah posa en el comedor social de su fundación Adintre.

• Joyce Gyimah luchó por su vida en Ghana y ahora ayuda desde los fogones a los 'sintechos' de Fuengirola

## La cocinera que será miembro de la Orden del Imperio Británico

nar un hidón "muy grande" para el restaurante para cocinar. "Cuando acababa, me iba al colegio por la mañana y, al volver, tenía que ayudar en la cocina a preparar la comida para vender y a mí me daban una o dos veces algo para comer yo, con eso sobreviví", relata.

Cuando su madre volvió, le contaron que Joyce iba "detrás de todos los hombres, lo que no era cierto, abusaban" de ella. Este hecho provocó que se la llevase con ella a Nigeria. Le dijo que ya no necesitaba estudiar porque "era una mujer". Tenía 14 años. "Las mujeres se casan y punto, y me quería llevar con un hombre mayor, muy viejo para mí, que ya tenía a otras cinco mujeres en un edificio, pero que nunca se las veía", relata. Los hombres dejaban la compra en la puerta y, a través de una cortina negra, asomaba un guante del mismo color arrastrando la comida para dentro: "Para mi aquello era como una cárcel, y mi madre decidió que me tenía que casar con él".

Ella, a esa edad, pensó en una alternativa: trabajar a cambio de su "libertad". Encontró un trabajo. Era la "chacha de la casa" de unos dueños chinos: "El dinero que ganaba todos los meses, tenía que dárselo íntegro a mi madre para

que no me llevase con aquel hombre, porque no me estaba obligando a casarme". A los jefes les "gustaba mucho el juego" y por las noches jugaban al dominó y a las cartas. Ella siempre estaba ahí para servirles. Cuando se iban, le dejaban propinas. Ese dinero lo guardaba. Quería ahorrar: "Eso no se lo daba a mi madre, lo escondía".

¿Tenía claro que, si se quedaba ahí, no sabía qué sería de su vida. Conoció a un hombre más mayor que ella que venía de visitar Europa. Quería volver, pero no tenía dinero para hacerlo. Ella le propuso un trato: como tenía 15 años, no podía solicitar el pasaporte, él se lo haría a cambio de que Gyimah comprase los billetes. "La primera embajada que vimos fue la española, dejamos los dos pasaportes y fui ahorrando con las propinas para comprar el billete para ambos", dice. Se fue avisando a su madre tan solo tres horas antes de coger el avión. Llegaron al aeropuerto de Madrid en 1984. Desconocía la moneda española, la peseta en ese entonces. El taxista que los llevó a Gran Vía le timó 57.000 pesetas para un viaje que valía, como mucho, mil: "Después de un vida de esclavitud, me negué a pasar por lo mismo en mi nuevo país".

Aprendió a hablar español en solo tres meses. No le fue fácil empezar su nueva vida. "Felipe González estaba en el Gobierno y, si no había mucho trabajo de por sí, todavía menos para los negros". Cuando salía por la calle, mucha gente "salía corriendo" al verla porque "se asustaban", pero que, "los que tenían un poco de valentía", se acercaban para tocar su piel y preguntarle si se "había echado algo encima". "Era casi imposible conseguir un trabajo, primero porque te tienen miedo, y segundo porque no saben lo que eres", cuenta.

Acudieron a Cruz Roja, que les ayudaban con 34.000 pesetas tanto a ella como a su acompañante, que acabó convirtiéndose en su pareja. Tuvieron dos hijos: "Mi vida tampoco fue fácil con él, era un hombre excesivamente celoso". Le pegaba si tardaba cinco minutos más de lo que él estimaba de llegar de comprar. "Si en aquella época una mujer no podía tener una cuenta bancaria sin el aval de un hombre, imagina denunciarlo por malos tratos", señala. Una enfer-

## EL PIMPI FOUNDATION MEETING

Once selected for the Soles de Málaga Project, Adintre Association, attended a meeting with the rest of the beneficiary entities to find out how the activity will be developed.

October

29

## WORK DAYS OF THE GROUP OF ENTITIES

Adintre Association participates in the Socio-Labor Intervention Conference on People Beneficiaries of Food Guarantee in order to learn tools and techniques for action

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18

## MIJAS COMMUNICATION VISIT ASSOCIATION ADINTRE

The Television Channel “Mijas Comunicación” visits the Adintre Association Headquarters in order to learn about our facilities, the work we do, as well as raise awareness among the population about homeless people and their reality.



22 - 23

## MERCADONA BANSOL COLLECTION

Adintre Association, working jointly with Bancosol, carries out a large collection of funds in local supermarkets. Users and volunteers get involved with the cause

## PRIZE "THE ESSENCE AWARD"

Our President received the magnificent "The Essence Award", held in Dublin.

It is an annual event that seeks to celebrate, appreciate, inspire and encourage the people and organizations that have selflessly impacted our community.



4

## CAREER ORIENTATION WORKSHOP

Adintre Association carries out Career Guidance workshops in groups and individually belonging to the Integra 2.0 Innovation project



4

## RETIREMENT HOME DONATION

The Fuengirola Retirement Home makes a financial donation to six entities of the population to provide support and recognition in their work

## VISIT EL PIMPI FOUNDATION

Fundación el Pimpi visits the headquarters of the Adintre Association in order to learn about the work we do and record the awareness campaign for the Soles de Málaga



**W**HILE most expats move to Spain's sunny climes for a relaxing retirement in the sun, some barely take a siesta. That's certainly the case for those who set up charities to help their local community. The festive period is especially tough for these expat elves, who strive to provide the same aid despite donations being diverted to gifts, decorations and the all important Christmas dinner. That's why we wanted to highlight three charities who deserve a generous donation this Christmas for their work supporting the less fortunate.



### DOING HIS BIT FOR UKRAINE

BRITISH expat Kitt Hogg has 'rediscovered his life's purpose' by aiding Ukraine's fight against Russia from his Costa home. He has driven two vehicles to the war-torn country as part of the 'Car4Ukraine', a charity which refurbishes vehicles for the front line. In November, the 70-year-old drove a Ford Ranger that had been parked up forgotten in fellow expat Sue Aram's garage.



CHARITY Adintre provides breakfast, lunch and dinner for over 80 homeless and needy people everyday on the Costa del Sol. It was founded by Ghanaian expat Joyce Gyimah Amponsah, who moved to Madrid in 1994 to escape a forced marriage. Amponsah had a 'very difficult' childhood selling scraps to bring money home for her



## OLIVE PRESS NEWSPAPER INTERVIEW

The famous newspaper Olive Press gave an interview to our president Joyce Gyimah Amponsah, to publicize the work we do in Asociación Adintre, as well as its history.

17

## VISIT MOVEMENT AGAINST INTOLERANCE

The Association "Movement against Intolerance" visited Asociación Adintre to present its awareness campaign, which has the objective of fighting hate crimes, through educational awareness, support, and workshops.



26

## VISIT TO THE CINEMA

At Asociación Adintre we enjoyed a film session, especially intended for those people over 55 years of age who find themselves in a situation of unwanted loneliness.

27

## CHRISTMAS FOOD

Like every year we celebrate Christmas in style at Asociación Adintre. We enjoyed a fantastic meal, musical performance and gifts for each and every one of the users.

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26

## VISIT TO THE BIOPARC OF FUENGIROLA

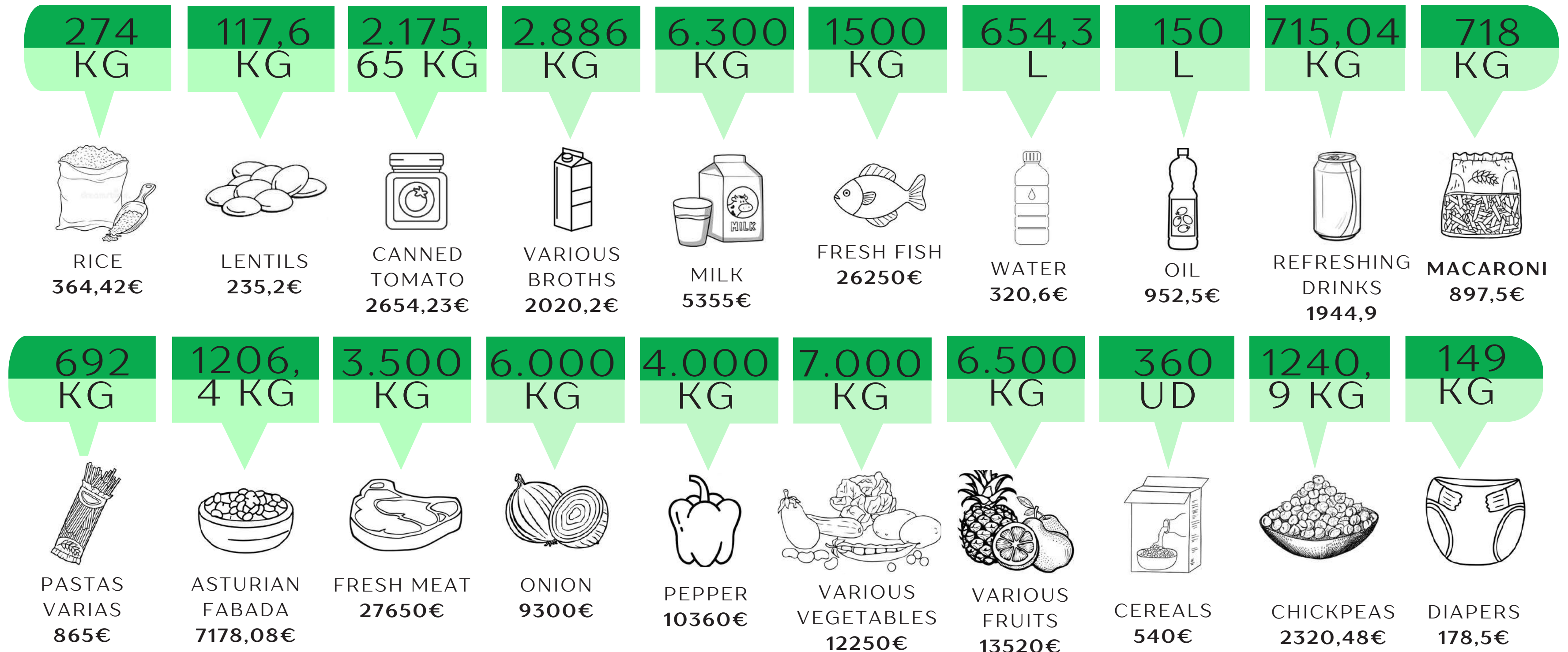
Users of the Adintre Association visited the Fuengirola Bioparc. In our entity, our main objective is not only to cover the basic need for food, we also worry about creating social networks among users, in order to find support and affection in this situation.

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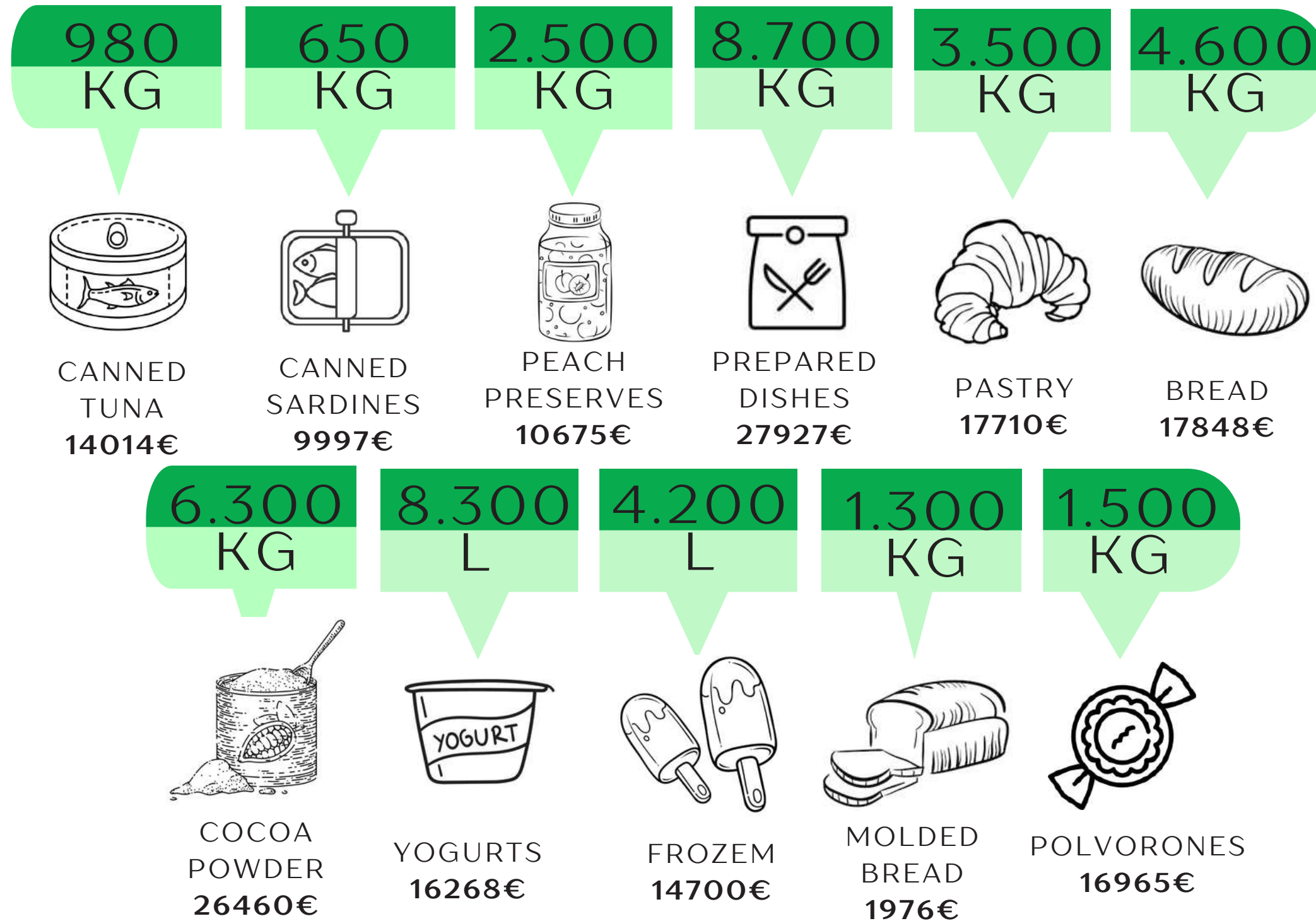
# ANNUAL FOOD EXPENSE 2024

Expense of basic food that has been necessary to cover part of our **FOOD BANK** service



# ANNUAL FOOD EXPENSE 2024

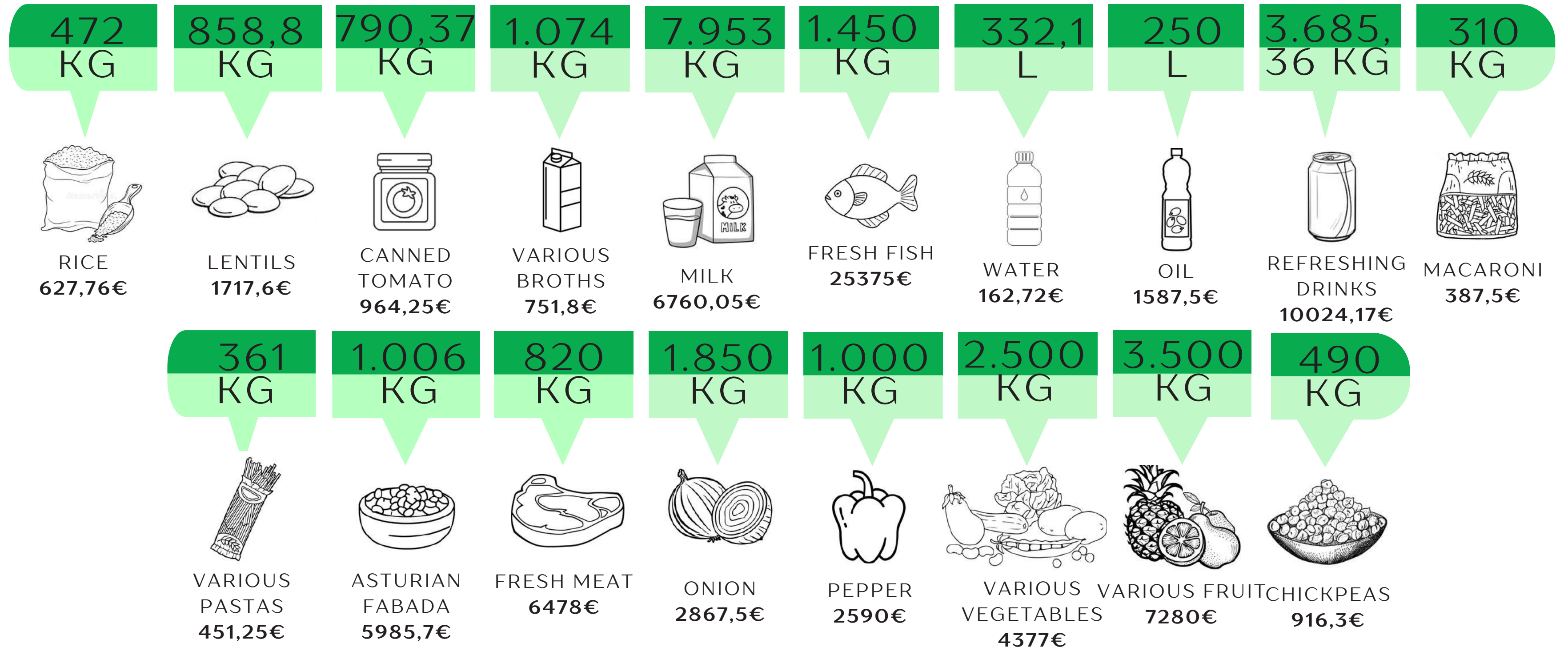
Expense of basic food that has been necessary to cover part of our FOOD BANK service





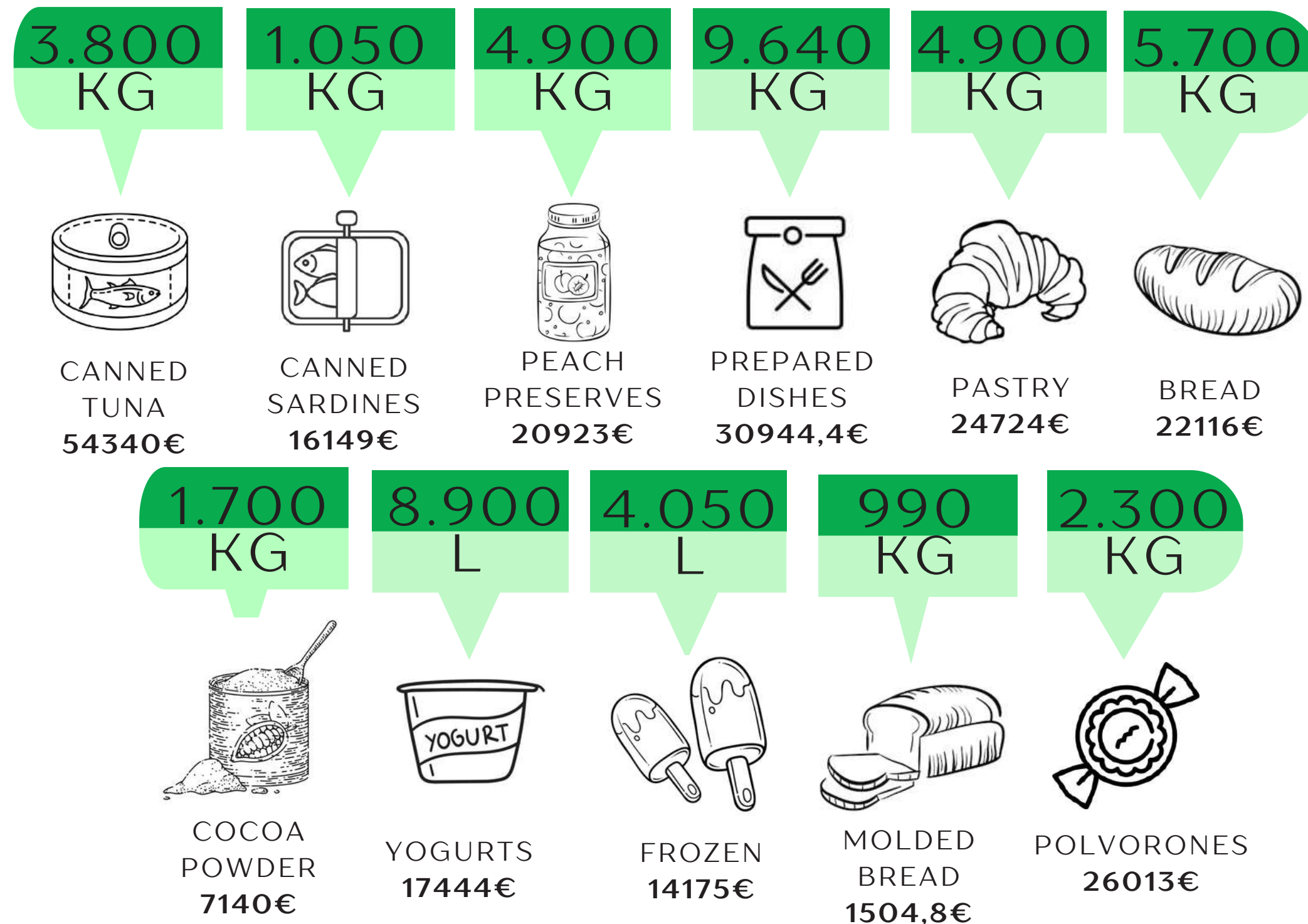
# ANNUAL FOOD EXPENSE 2024

Expense of basic food that has been necessary to cover part of our SOCIAL DINING ROOM service



# GASTO ALIMENTICIO ANUAL 2024

Gasto de alimento de primera necesidad que ha sido necesario para cubrir parte de nuestro servicio de **COMEDOR SOCIAL**



# ANNUAL EXPENDITURE 2024

## ADINTRE ASSOCIATION €167,572.31

01

### Personnel Expenses

Adintre Association, during the current year, has spent a total of €119,016.62 annually to cover the expenses of its professionals indicated at the beginning of the report

02

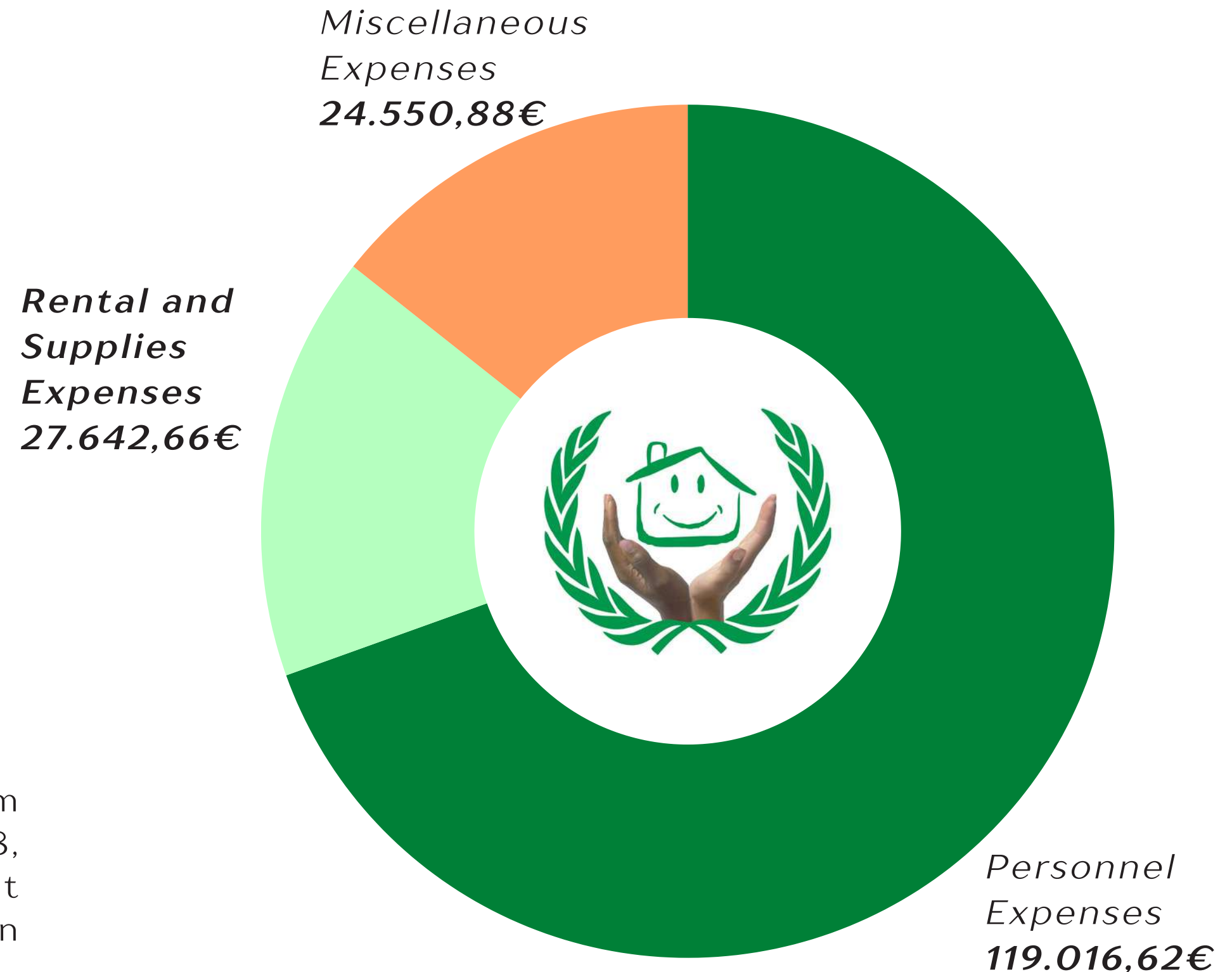
### Rental and Supplies

The Rent and Supplies expense corresponds to the amount of €27,642.66, covering the headquarters, storage facilities, as well as the cost of electricity, water, natural gas, telephone, among others.

03

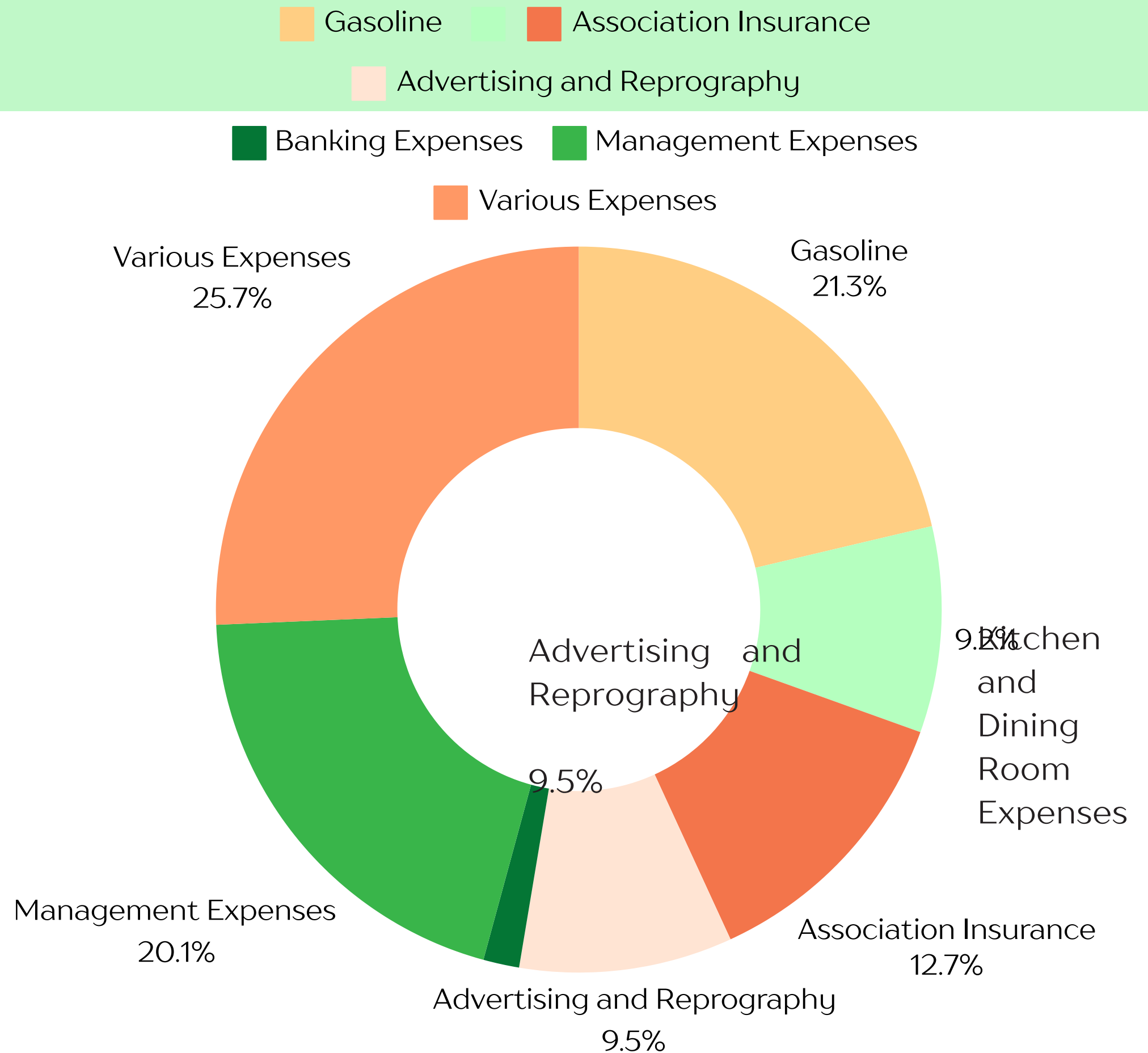
### Miscellaneous Expenses

The miscellaneous expenses item amounts to a total of €24,550.88, within it corresponds different expenses that will be broken down on the next page



# BREAKDOWN OF MISCELLANEOUS EXPENSES 2024

- 01 Gasoline and Vehicle Repair: €5,093.78
- 02 Kitchen and Dining Room Expense: €3,264.67
- 03 Insurance related to the Association: €2,846.90
- 04 Advertising and Reprography: €2,137.85
- 05 Bank Expenses: €360.48
- 06 Management Expenses: €4,521.04
- 07 Various Expenses related to Pharmacy, Clothing Store, Hardware Store, among others: €5,774.91



## OBJETIVOS 2024



Asociación Adintre, in 2024, has satisfactorily carried out more than 15 job placements with the entity's beneficiaries.

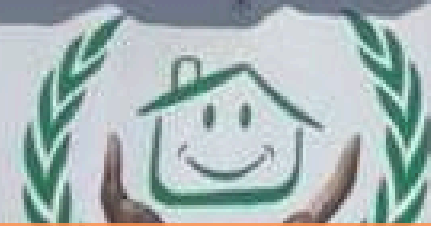
This has been possible thanks to our Orientation program where we provide weekly job offers, interview preparation, as well as support in the creation of resumes and skills with new technologies aimed at employment.

CENTRO  
DE INTEGRACIÓN  
SOCIAL

COMEDOR SOCIAL

www.asociacionadintre.es  
info@adintrefoundation.com

PERSONAS SIN HOGAR ·  
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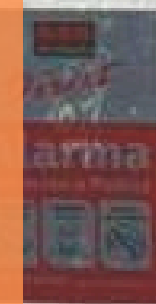
Asociación Adintre

Telf: 951 35 68 92

Móvil: 6 22 82 47 8

VIOLENCIA DE GÉNERO ·  
EXCLUSIÓN SOCIAL · INMIGRANTES

THANK YOU FOR  
HELPING US  
HELP



**CENTRO  
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[www.asociacionadintre.es](http://www.asociacionadintre.es)  
[info@adintrefoundation.com](mailto:info@adintrefoundation.com)

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FAMILIAS EN RIESGO DE**

**WEB: ASOCIACIÓN ADINTRE**

**LINKEDIN: ASOCIACIÓN ADINTRE**

**YOUTUBE: ASOCIACIÓN ADINTRE**

**FACEBOOK: ASOCIACIÓN ADINTRE**

**INSTAGRAM: ASOCIACIÓN ADINTRE**

**CAIXABANK BANK ACCOUNT:**

**ES41 2100 1621 9902 0050 2372**

**SWIFT: CAIXESBBXXX**

**UNICAJA BANK ACCOUNT:**

**ES36 2103 0135 7200 3001 6203**

**SWIFT: UCJAES2MXXX**



# COLLABORATIONS AND DONATIONS



HOGAR DEL JUBILADO



COLEGIO FINLANDÉS

